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# PHYSICAL THERAPY SERVICES

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## Medicaid Guidelines

- ✓ **Only direct services are billable to Medicaid**  
The need for services needs to be listed as a direct service in the IEP/IFSP to log services for Medicaid. Consult or Monitor services are not billable.
- ✓ **Medicaid logs need to be detailed enough that an auditor could “recreate” the service**  
Documentation must indicate not only WHAT services are being rendered to meet the student's IEP/IFSP goals, but HOW the student responded to the services. S.O.A.P. notes are best practice.
- ✓ **Evaluations are formalized testing and reports for the development of the student's treatment plan and may be completed by a Licensed Physical Therapist.**
- ✓ **Physical therapy services require an annual prescription from a physician.**

## Medicaid Eligible PT Services Include

### **Physical Therapy (Habilitative or Rehabilitative)**

- ☐ Group therapy provided in a group of two to eight students;
- ☐ Gait training;
- ☐ Training in functional mobility skills (e.g., ambulation, transfers, and wheelchair mobility);
- ☐ Stretching for improved flexibility;
- ☐ Therapeutic exercises to allow gains of function, strength, endurance or mobility.

### **Assistive Technology Devices (ATD)**

*(ATD services must be listed in a student's IEP with a doctor's prescription, to use ATD codes. If ATD is not in the student's IEP, use a non-billable code to track your service.)*

- ☐ Selecting, providing for the acquisition of the device, designing, fitting, customizing, adapting, applying, retaining or replacing the ATD, including orthotics;
- ☐ Training or technical assistance for the student
- ☐ Selecting, providing for the acquisition of the device, designing, fitting, customizing, adapting, applying, retaining, or replacing the ATD, including orthotics.
- ☐ Wheelchair assessment, fitting, training.

### **Evaluations**

- ☐ Evaluating the needs of the student, including a review of history and comorbidities, an examination of the student using standardized tests and measures and an clinical presentation.

### **IEP/IFSP Participation**

- ☐ Sharing the results of an evaluation and providing recommendations for the student's treatment plan.

# Service Documentation

The Michigan Department of Health and Human Services (MDHHS) has emphasized the importance of thoroughly documenting all services provided.

## **Service Logging**

For direct services, documentation of each session must include a detailed progress note describing the service rendered and the students response.

**Service Log Example:** *"Jane was positioned while wearing bilateral DAFOs in a supine stander at 80 degrees for upright weight bearing and hamstring stretching. Jane tolerated 30 minutes without complaints of discomfort."*

## **Monthly Summaries**

Monthly Progress Summaries are **REQUIRED** for each month that services are reported for Medicaid eligible students. A monthly progress summary summarizes all services provided to the student throughout a month and any potential changes to their treatment plan.

**Monthly Progress Summary Example:** *"Jane was able to tolerate positioning in weight bearing and non-weight bearing positions without discomfort. The use of myofascial techniques prior to positioning improves tolerance. Improving with mobility on even and uneven surfaces. Able to climb stairs with handrail using a step to pattern without handheld assist. Continue with current treatment plan"*

# Provider Qualifications

Physical therapy services may be reimbursed when provided by:

- A licensed physical therapist
- A certified physical therapist assistant under the supervision of a licensed physical therapist

Have questions or need support?

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