

**ISOA Executive Board Meeting
November 6, 2019
Minutes**

Present

East Lansing	Matt Morales	Mason	Michael Kelly
East Lansing	Dori Leyko	Stockbridge	Larry Ostrander
East Lansing	Heather Findley	Waverly	Holly Nester
Holt	Laura Colligan	Webberville	Amy Coe
Ingham ISD	John Wolenberg	Williamston	Jeff West
Ingham ISD	Jason Mellema		
Lansing	Nino Rodriguez	<u>Absent</u>	
Leslie	Shauna Howe	Dansville	Mike Kapp
Okemos	Dean Bolton	Haslett	Cammy Wheeler

Superintendents' Round Table Debrief

Dori Leyko, East Lansing Public Schools Superintendent, reviewed the October Superintendents' Round Table meeting:

- Discussion on a superintendent retreat in 2020 and collaboration around a county-wide speaker for professional development.
- Discussion on chronic absenteeism rates in the Ingham ISD service area and intervention ideas shared.
- Review of the Education Policy Guide which is currently being updated.
- Superintendents will be submitting education related articles to the Lansing State Journal on a monthly basis.
- Discussion on hybrid calendars and a shortened Christmas break.
- Update on the Headlee restoration millage for special education.
- Established a calendar committee with the purpose of reviewing spring break dates and the proposal to move it a week earlier to avoid conflicts with state testing.
- High school start times were reviewed.

Presentation – Mental Health Programming/Awareness

Dori Leyko, Superintendent, ELPS
Matt Morales, Associate Principal, ELHS
Heather Findley, Social Worker, ELHS

Discussion on the programs East Lansing Public Schools has put in place to address student mental health issues at the district. (See PowerPoint presentation)

Ingham School Officers Association

Aligning with one of the district goals of social emotional learning and mental health, the district established a Community Mental Health Advisory Committee in 2016 that is comprised of school personnel and mental health professionals. The committee has three areas of interest:

- Policy – Created a suicide prevention policy
- Professional Learning Recommendations – mental health first aid, social emotional learning and diversity and inclusion.
- Student Services – Added a social worker at the high school

K-8 Programming & Supports

- Second Step Curriculum – social emotional learning with students once a week
- School social workers in all buildings
- Student Advocate (MS/HS) – Support person in the building who is not administration
- Restorative Practices focus – Two teams at each grade level
- Zone of Regulation Spaces – Area for students to calm down and regulate emotions

TRAILS (Transforming Research into Action to Improve the Lives of Students)

Tier Two Intervention developed by the University of Michigan. The program is free to districts and includes an inclusive, complete set of agendas and materials for students to engage in nine sessions. The program addresses stressors for students, teaches how to respond appropriately and how to deal with automatic negative thoughts. Future goals for the program include a pilot tier one program with TRAILS and a youth mental health program by grade level.

Student-lead Professional Development

Students lead the PD and topics discussed include race, religion, class, gender, mental health and LGBTQ+ issues. The goal is to have staff be active participants in dialogue with students.

Teacher Response for Mental Health Concerns and Crisis

- Notice and Approach Student – History of mental health issues, Abuse and Neglect, Suicidality
- Ask Questions and Assess Risk
- Respond

School-wide Awareness

Tier One – education and awareness of mental health

- Mental Health Club – student driven
- Ele's Place Partnership
- School Social Worker (works with Tier 3)

Next Steps

- Tier One supports – exploring school-wide programs
- Expansion of supports
- Youth Mental Health First Aid Training – Training provided by Eaton County RESA
- Parent Education
- Ongoing evaluation of programming, training and student needs
- Continued attendance (with students) at the Student Mental Health Summit in Lansing

Ingham School Officers Association

District Updates:

- Lansing: The district is currently working with MASB on an internal superintendent search.
- Webberville: The Webberville FFA Ag Issues team recently placed third in the nation at the FFA National Convention.
- Stockbridge: Teacher negotiations are complete with a three-year contract.
- Mason: Working on the policies and practices regarding district-wide student/staff wellness.
- Leslie: The door-boot system is completed in the district. The parking lot LED lighting project is almost finished. The Board began discussions on a balanced/hybrid calendar with a board presentation from Dr. Hornak.
- Waverly: Teacher negotiations will be starting soon. The district is holding policy hearings on the sex education curriculum.
- Williamston: The annual Halloween parade was impacted by the weather. In replace of the parade, the HS band went to the elementary schools to perform which was a big hit. The district held the kick-off event for the “Be Nice” program. Due to a recent resignation, there is a board vacancy. There are eight applicants for the seat.
- Okemos: The district passed a bond in May 2019 and they are in the beginning planning stages for projects including: adding classrooms to an elementary school, adding air conditioning to some buildings and purchasing new furniture.
- Ingham ISD: Superintendent Mellema discussed the history of school funding and the hold harmless theory. Reference the MASB handout and discussion of Senate Bill 0455. The district held the ribbon cutting for the Heartwood Schools adaptive playground.

2019-20 Meeting Schedule:

All ISOA meetings are held on the first Wednesday of the month from 7:30-9:00 am at Ingham ISD.

September 4, 2019

October 2, 2019

November 6, 2019

December 4, 2019

No January Meeting

February 5, 2020

March 4, 2020

No April Meeting

May 6, 2020