### Ingham ISD Isolation & Quarantine Guidance



In all scenarios of close contacts or positive COVID-19 cases, Ingham ISD administration will determine return dates.

## Confirmed Positive for COVID-19

- Isolate at home for days 0 5 (day "0" is day symptoms begin or day test was taken for those without symptoms); and
- If symptoms have improved or no symptoms developed, return to school wearing a well-fitted mask.

If you have a fever, stay home until you are fever free for a period of 24 hours without the use of fever reducing medications. Monitor for symptoms through day 10.

# Close contact of COVID-19 case in Educational Settings

Student, teacher, or staff that is a close contact of a COVID-19 case in Educational Settings, where strict mitigation measures WERE in place, including universal masking.

All quarantine options require person to self-monitor for symptoms through day 10.

Close contacts of a COVID-19 case do not need to quarantine at home if they:

- · Had confirmed COVID-19 within the last 90 days.
- Fully vaccinated meaning, up to date on all recommended COVID-19 vaccines for which they are eligible.

### Close contact of 3-6 feet (Unvaccinated)

Person can remain in school wearing a well-fitting mask but must be notified of the potential exposure and monitors for symptoms daily for 10 days.

### Close Contact within 3 feet (Unvaccinated)

- Quarantine for 5 days, return wearing a well-fitted mask;
- Persons willing to cooperate with serial testing (i.e., "Test to Stay") may avoid
  quarantine. Serial testing for close contacts must be administered by an identified
  representative from a preK-12 organization each morning prior to facility entry.
  Serial testing must occur following the known exposure date (day 0) on day 3 and
  again on day 5.
- If the serial testing option is elected, and testing day 3 occurs on a Saturday or Sunday, person does not need to be tested unless entering the Educational Institution or attending an event held at the Educational Institution on the weekend.
   If day 5 of testing occurs on a Saturday or Sunday, person must test on Monday prior to entering the building.

### Individual is symptomatic

If symptoms develop, get tested immediately and isolate until receiving test results. Please test at a medical facility.

- If positive, follow isolation process for confirmed positive case of COVID-19.
- If negative, follow close contact guidance in an educational setting.

# Household close contact of a COVID-19 positive case

- An unvaccinated individual must quarantine for at least 5 days after last exposure to a COVID-19 case. A household member's last exposure may be the final day of isolation of the COVID positive household member.
- A fully vaccinated individual or person who has had COVID-19 in the last 90 days and is a household contact of a COVID-19 positive individual does not need to quarantine, see <u>page 8 "Household Close Contact Guidance" in the ICHD School</u> <u>Guidance document.</u>