

## Health Foundations Transcript

00:00:03:13 - 00:00:19:08

Arianna Burtley

I chose health foundations because I knew it put me is that for my career outside of high school, I knew that it helped me get a job right after high school, even if I wasn't like done with my degree that I want to pursue in college. And I knew that it would be a fun experience.

00:00:19:08 - 00:00:35:16

Aubert Kamdem

In the first year we learn a lot of medical terminology. All 12 systems of the body and how each system works, and specific parts of the systems we learn about CPR and first aid and we get certified in both of those. We work on a lot of communication and teamwork.

00:00:35:17 - 00:00:58:05

Arianna Burtley

Your Junior year, you'll start off as a first year in health foundations and your second year as a senior. You have three options to pursue, whether that's patient care technician, medical assisting and therapeutic services. It's really nice being around people who have the same interests as you because you guys all share the same passion. So it's easier for you to learn and it's just a great environment that you guys create.

00:00:58:06 - 00:01:04:11

Arianna Burtley

Coming here was a very good experience because we all share the same thing, so it's just very good vibes.

00:01:04:19 - 00:01:24:21

Aubert Kamdem

If you even had the thought of wanting to come and do it, it is worth your time. It really is super enjoyable. And even if health isn't your main focus, it's something that everybody needs to know about so they can like better themselves and others. It's just a really nice thing to have basic knowledge on, especially as you grow older.

00:01:25:03 - 00:01:27:23

Aubert Kamdem

I think it's worth it.